

Spiritual Progress Through Tarot

The Link between Self and Subconscious States

Recorded: May 21, 2024

***** 01 *****

We need to try and understand how the subconsciousness reacts to self consciousness and vice versa, in order to understand the workings of consciousness as a whole.

The real underlying elements of Tarot are to understand the principles of subconsciousness and the effect upon our life, our activities, and thinking so that we might gain more control of these areas of our being.

***** 02 *****

Key 0, The Fool, is attributed to super consciousness.

This is the Absolute, all knowing life force.

Key 1, The Magician, is the symbolic representation of self consciousness and refers to the power of attention also known as to concentrate.

When we concentrate on something, we are providing a power that brings to life within our consciousness whatever that something is that has our attention.

Key 2, High Priestess, is the symbolic representation of subconsciousness.

Through all 22 Keys of Tarot, these three phases of consciousness have various symbolic appearances so that our inner knowingness can be stirred into learning how to differentiate between these states and thereby gain more control over those states that require control.

With these three phases of consciousness, we are always referring to the One Mind.

We can visualize an ocean and the ocean is divided into three parts, but the divisions are not real.

They are relative divisions.

We are conscious and aware that the ocean includes all the other aspects.

***** 03 *****

First, we need to understand more about subconsciousness.

With an extreme example, we discover that the subconsciousness has an extraordinary power because a hypnotist can suggest to the person under hypnosis that they are being burned by a cigarette although it is only the end of a pencil.

Notice the word suggest. All acts are suggestion.

The hypnotic subject instantly has a blister come up and now the burn has to heal. This is an extraordinary type of phenomenon.

The fact that believing or accepting a suggestion can bring about that type of condition, which usually only happens if we actually burn ourselves with a cigarette.

Therefore, consciousness and subconsciousness has something to do with the effects that we experience and witness.

The hypnotic subject and the burn is an extreme condition of what in actuality is taking place all the time.

We walk around and think we are awake.

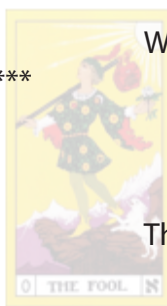
We are partially awake but very much under a state of hypnosis.

We are very much under a state of suggestibility.

This state of suggestibility causes us to accept all sorts of ideas which incidentally is often the root of most of our problems.

The fact that subconsciousness accepts an idea or situation then reacts to it, this brings about conditions like the blister on the hypnotic subject.

Instead we can use the blister as a metaphor and say we create a blister in our environments or relationships.



We can guard ourselves against receiving suggestions and being hypnotically receptive from reacting to things that we don't know or we can discover our powers of consciousness and gain control of these states.

This will allow us to become more of what we are destined to become and more rapidly because of the various techniques that we can learn for understanding who and what we are.



When we receive suggestive ideas and sometimes not aware of this receptive occurrence, we will experience posthypnotic reactions and sometimes others will ask, "Why did you do that?"

After this occurrence, we attempt to give a logical, reasonable response of the occurrence. We rationalize because of one important factor which is: we believe it.

When we believe in our own rationalizations, we can cause a great deal of trouble for ourselves.



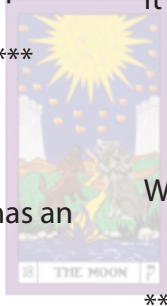
We are all prone to the fact that this happens to all of us in our everyday situations.

We do things and feel things and think of things in our everyday of which are posthypnotic suggestions and are results of us being in a state of suggestibility.

We take our self conscious part of our minds and then we make it sound plausible.

It doesn't matter what kind of nonsensical elements we have, or what kind of sickness we have in ourselves, or even what kind of conditioning we have because we take what has been received from others and rationalize so that we know we are right.

What we don't realize is that what we are knowing is what someone else told us to know.



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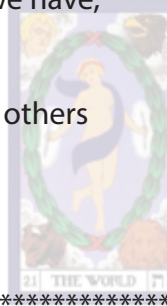
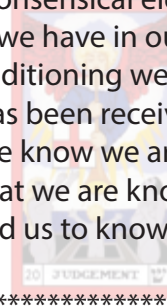
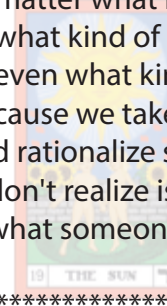
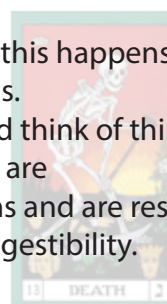
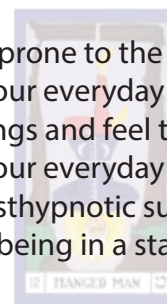
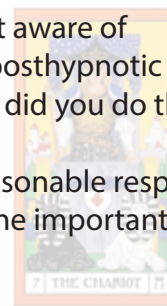
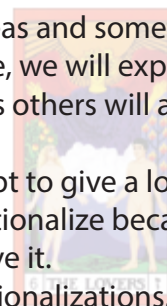
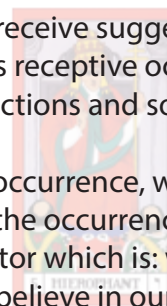
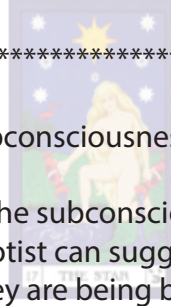
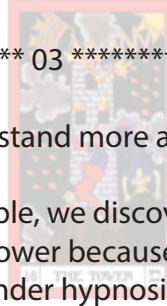
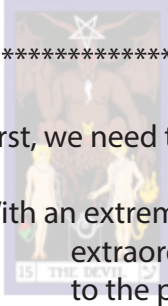
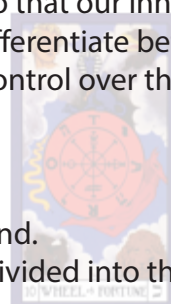
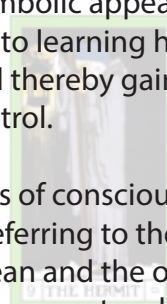
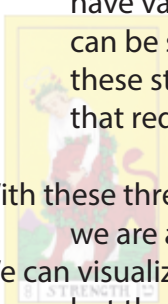
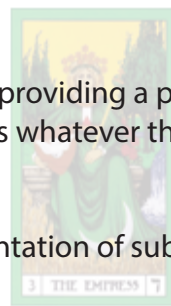
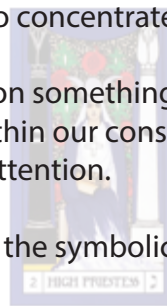
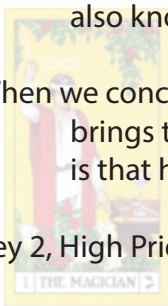
We need to achieve a level of thinking that will release ourselves from at least a portion of the hypnosis of the undeveloped mass mind of the collective.

We all begin and grow as human beings from and through the development stages.

Tarot is a tool we can use for spiritual unfoldment and spiritual progress to speak from our self consciousness to our subconsciousness and break out of the posthypnotic suggestibilities that we have gathered in our lives.

Qabalists have said many times that Tarot is 90% psychological and 10% mystical.

This means we use the pictorial images of Tarot that contain principles of consciousness that speak symbolically to our subconsciousness.



This will allow us to train our mind to identify and know what suggestions we have gathered in our lives and played through belief, through our own rationalizations.

We can change these patterns of thoughts and reactions. We can develop recognition of our thoughts and behaviors, and our feelings and beliefs.

We can aim to make our mind more clear for better choices and use discernment of our actions.

We can begin to notice the bigotry of our mind which is the subconscious part, which the subconscious receives suggestions that are incorrect from the self conscious evaluations from our self conscious watching.

Our self consciousness is continuously on guard and watching. What are we watching?

We are actually watching ourselves.

This is our primary work.

Our primary work is with ourself and to become aware of our own subconsciousness.

***** 05 *****

Key 1, The Magician, is symbol for our self consciousness. The Magician is holding his magic wand which is symbol for attention.

The magic wand is receiving the power from above that is from superconsciousness.

The infinity symbol above the Magician's head is also a symbol for the power of attention and being receptive to superconsciousness.

The Magician is focused and pointing down toward his garden. The garden is symbol for subconsciousness.

The Magician is planting seeds of suggestion into his garden.

The seeds will grow and become a subconscious response to self consciousness.

This is the power of suggestion.

This is important to know because we all have planted in our gardens of subconsciousness hypnotic suggestions that were results of our being as an automatic suggestible response mechanism.

This is ok and is part of our growth as being human, but we eventually reach a phase in our lives when we need to remove those older suggestive responses that no longer serve our state of being.

We need to develop a broader awareness of ourselves.

Just as the Magician in Key 1, when we focus down with our concentration to our subconsciousness and bring our attention to a small point such as an the idea of "The Bible is the only truth and everything else is false," we limit ourselves and have the inability to look around at the whole picture.

Tarot will use the principles of consciousness through symbolism and stir up the depths of our subconsciousness so we can aspire for a more fully developed awareness of ourselves.

We need to know why through our own self consciousness powers of evaluation we have certain ideas, thoughts, and attitudes.

When we begin to develop a more broad awareness, we will know how the forces work and begin to prepare the position for ourselves to react properly.

This is the great work of Qabalah. The great work is a type of cleansing. The cleansing is we need to un hypnotize ourself.

We need to throw away all the conditionings that we have received and were forced into us or which we had the lack of discrimination.

This was a lot of practice of our own powers of knowing and learning received into us because of not being evolved enough or mature enough to refuse entry of being persuaded to react to whatever others want us to react to.

***** 06 *****

For example, subconscious patterns are formed by our childhood, parents, culture, and religions.

Eventually, if we are the type of person who cannot be conditioned or hold in the conditionings forever, or if we began to reach out and break barriers from the accumulated hypnotic suggestions that was received over time, then we have various guilt complexes that are unrecognized by the conscious mind.

This keeps up in a state of tension, unhappiness, or we are unable to attain to constructive relationships that are stable because we are not stable inside ourselves.

There is a battle going on inside ourselves.

This is because we have not learned the complete principle that is involved with subconsciousness.

The power of the subconsciousness is remarkable in a way that we can share with each other.

We have the ability to project and react with beauty and glory. But also, we can project and react in a way of hatred.

This is because our subconsciousness contains the knowledge of all things that has ever been.

Our subconsciousness is the pattern receiver.

Patterns are from the Divine and along these patterns, manifestation comes into the substance of life that collects around these patterns.

These patterns can be a star, human being, or a plant.

We are patterns from super consciousness and we also individualize with the elements of the One Life and have developed powers.

We create and receive patterns.

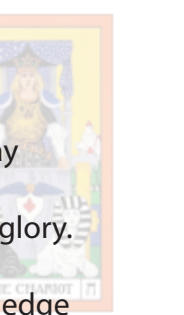
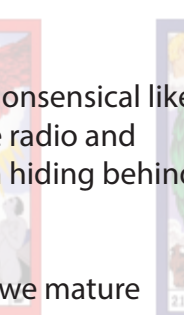
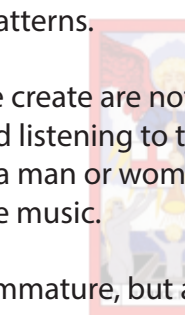
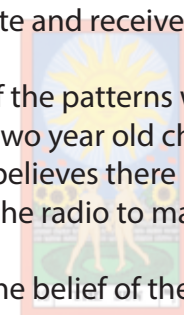
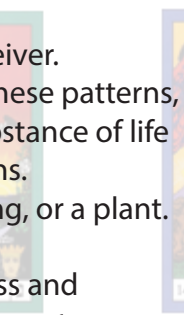
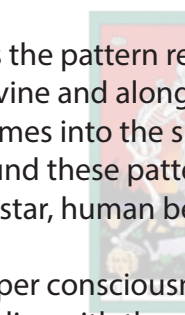
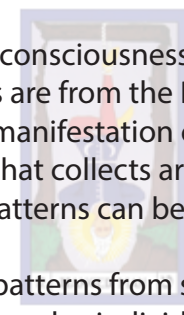
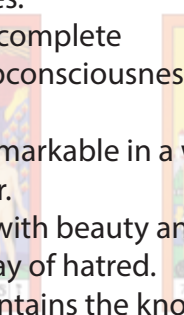
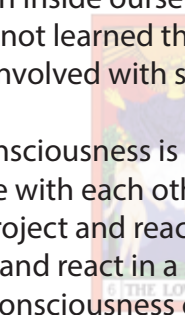
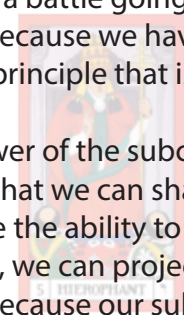
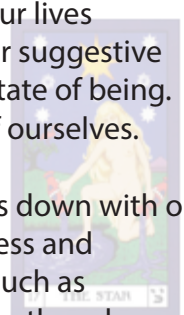
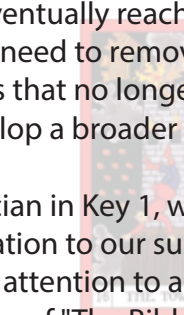
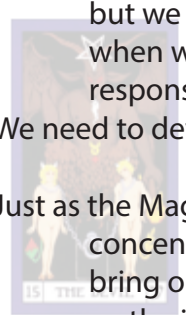
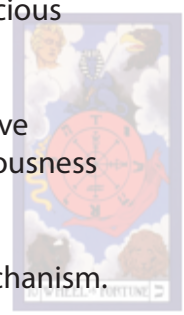
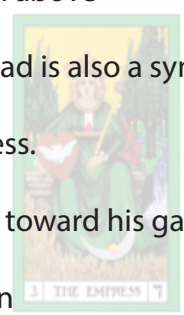
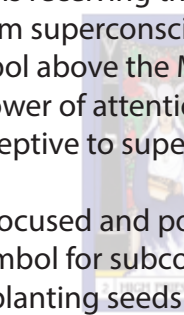
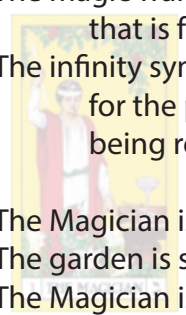
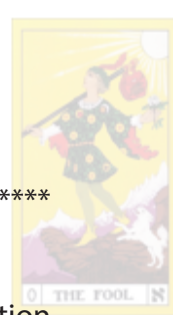
Some of the patterns we create are not nonsensical like a two year old child listening to the radio and believes there is a man or woman hiding behind the radio to make music.

This is the belief of the immature, but as we mature we begin to see the thing more clearly and develop more of the capacity to understand.

Our primary job is to learn how to purify our subconsciousness and we need to know why it must be purified.

We don't want to discard everything within our subconsciousness such as the learned pattern of typing on a keyboard or driving a car.

We would not be able to walk if we had not formed good habit patterns that we learned naturally in order to balance our body.



***** 07 *****

What we need to learn is how, when, and where to concentrate.
We know that we are receptive to suggestibility of the ideas
from other people and being persuaded
to accepting their decisions of right and wrong.

Instead, we need to be determined to become the real
inheritor of our own destiny
and as soon as possible.

This is the ability to decide what we suggest into our
own subconsciousness and how to understand it.

We must learn to watch.

The Spirit is willing but the flesh is weak.

This means the conditioning of our subconsciousness
goes into action with the body and in accordance
with the conditioning.

We can choose to decide what to condition our subconsciousness
with, but there is a long series of conditions
that need a cleansing from our subconsciousness.

The cleansing is vital because whatever spiritual experiences
we have will be colored by our subconscious patterns
and beliefs which are not dependable.

For example, when we get into a suggestible state and
receive the impact of certain thought forms
and ideas from a group of people.

There might be one thing correct and nine things wrong
or nine things correct and one thing wrong.

Our experience with this example will vary base on the individual
because of subconsciousness conditioning.

Tarot teaches through symbolism and principles of consciousness.

Therefore, after the cleansing of our subconsciousness and
Tarot is used for symbols in union with our self consciousness,
we have symbols that the forces which we receive through
watching and being receptive can wrap themselves around.

This allows us to react differently and analyze more
clearly of our self, of others, and our environment.

All of our experiences we have are on the level of form,
level of sound, and level of psychic which is telepathic,
these levels are not always full images.

These images are mixed and we all have this happen to us
in our everyday life.

We create experiences that will appear to be happening now, but
in the subconsciousness, the past, present, and future
are very much a confused state and colored with conditions.

We should train our mind to create experiences
with a focus of uncolored subconscious conditionings.

When we accept what others tell us,
this can interfere with our own growth.

We must develop the ability to know what subconsciousness
really is and the Tarot keys will help bring more
awareness so we can watch our own states of being.

We can watch how our own subconsciousness works and watch
our own reactions to our thoughts and even the
words and actions of others.

This will help us protect ourselves because we begin
to understand the way others react to themselves
and experiences.

We want to cleanse our subconsciousness so that
we can receive through superconsciousness
without colorations and distortions.

We begin to know and understand that we are walking miracles.
We can begin to learn what we do with our consciousness
is extraordinary because we are walking as a miracle,
day by day, watching what we do,
and we can start doing it positively so that we can
be the healer and project love and divinity
which uses the same principles that makes us do
things out of ignorance.

This is not about being different.

This is about learning how to use
what we all are
and for the real rapture and ecstasy
that we share with each other.

